



IGNITE YOUR TORCH

A CATHOLIC YOUTH CONFERENCE JULY 7-10, 2022

1-800-764-8444 • www.igniteyourtorch.com

Sponsored by Catholics United for Life & St. Martin de Porres Lay Dominican Community in the Archdiocese of Louisville, KY

WHAT TO BRING/ NOT TO BRING

APPLIES TO ALL YOUTH, CHAPERONES, GREEN SHIRTS, VOLUNTEERS AND ORGANIZERS

1. The retreat center will provide all sheets, blankets, pillows, towels and bathmats. *We recommend bringing flip flops for the shower, and possibly an extra bathmat.*
2. Clothing that follows the dress code guidelines (see below).
3. Medications and personal items (toothbrush, hairbrush, etc.) There are soap and shampoo dispensers in the bathrooms, but you may wish to bring your own.
4. A kneeling pad (available in the garden section of Wal-Mart or other stores) for the holy hours and Masses. Please label the pad with your name before you come. This year you will really need this. Last year we had holy hours in a church with kneelers. This year the holy hours will take place in a gym that has a hard floor.

Also recommended:

- A sweater or jacket
- An umbrella or poncho
- Athletic shoes (for activities in the gym or outside)
- Sunscreen and bug spray
- Kleenex/tissues
- Sharpie markers for signing shirts at end of conference

Small backpack for carrying your water bottle, papers, etc. Water bottle will be provided.

WHAT NOT TO BRING

Youth participants: Do not bring cell phones, CD players, iPods, or any electronic devices. (In case of an emergency, a chaperone cell phone may be used.) For all: do not bring any valuable items such as expensive jewelry or cameras, large amounts of cash, etc. Bedrooms will not be locked, and we cannot guarantee the safety of such items. An alarm clock may be brought, but should not be used to play music.

DRESS CODE (FOR EVERYONE, INCLUDING VOLUNTEERS)

Conference activities vary from prayer and adoration to workshops and recreational activities. The dress code assures appropriate attire for all activities, without the need to keep changing clothes.

On the **first day** of the conference, youth may wear either specially-designed youth group shirts, Ignite shirts from past years, or their new Ignite shirts. **All shirts must have:** sleeves and a t-shirt neckline with no midriff showing.

- Conference T-shirts (provided at the conference) **must** be worn by all on Friday, Saturday and Sunday until the end of the conference (and by chaperones, organizers & volunteers during the entire conference including Thursday). **Shirts may not be rolled, tied, cut, or altered in any way!**

- Capris, pants, shorts or skirts must come **at least** to the knees, including during recreation (**strictly enforced**)
- no low-riding pants
- no inappropriate messages or images on clothing
- no transparent or see-through clothing
- no frayed or cut clothing
- no spandex, including yoga pants, running pants and leggings

For Sunday Mass, wear long pants or slacks or (for girls & women) a skirt that reaches at least down to the knee.

QUESTIONS? You can call us at 1-800-764-8444 or email ityregistrar@gmail.com